A Remembrance Day Story...

He was very old now, but could still hold himself stiffly at attention before the monument. His war, the one to end all wars, now just a fading part of history. He was haunted by the faces of the boys he'd had to order into battle, the ones who'd never come back. Yet one nameless ghost was able to bring a measure of comfort to his mind. At the sound of the gun signaling the eleventh hour he was mentally transported back to the fields of Flanders. The battle had raged for over two hours, with neither side gaining any advantage. Wave after wave of soldiers had been dispatched from the muddy trenches and sent over the top. So many had died already that day that he decided he could not afford to lose any more men before reinforcements arrived. There came a slight lull in the battle due to the sheer exhaustion of the men on both sides. During this interval, a young soldier came up to him requesting that he be allowed to go over the top. He looked at the boy who couldn't have been more than nineteen. "Why would you want to throw your life away soldier? It's almost certain death to go out there." "My best friend went out over an hour ago, captain, and he hasn't come back. I know my friend must be hurt and calling for me. I must go to him, sir, I must." There were tears in the boy's eyes. It was as if this were the most important thing in the world to him." "What purpose would it serve to let you sacrifice your life too?" "At least I'd know I'd tried, sir, he'd do the same thing in my shoes. I know he would." He was about to order the boy back to the ranks, but the impact of his words softened his heart. He remembered the awful pain he'd felt himself when his brother had died. He'd never had the chance to say goodbye. "All right soldier, you can go." Despite the horror all around them, he saw a radiant smile on the boy's face, as if a great weight had been lifted from his shoulders. "God bless you, sir," said the soldier.

It was a long time before the guns fell silent for the last time and each side was allowed to gather their dead and wounded. The captain remembered the young soldier and started to look for him. When he came to the makeshift hospital, he looked carefully through the casualties. He soon found himself before the prone body of the soldier, alive, but severely wounded. He knelt down beside the young man and gently laid a hand on his shoulder. "I'm so sorry, son. I knew I was wrong to let you go." "Oh no, sir. I'm glad you did and I'm glad you're here now so I can thank you. You see sir, I found my friend. He was badly wounded, but I was able to comfort him at the end. As I held him dying in my arms, he looked me in the eyes and said: "I knew you'd come." The young soldier faded between consciousness and oblivion for some time before he finally slipped away. The captain stayed by his side until the end, tears streaming quietly down his cheeks. Only in war could the happy endings be so terribly sad.

As the bugle sounded "Taps", the old captain envisioned once again the young soldier's face. Looking up, he could almost hear the stone monument calling out to him: "I knew you'd come."
**The Perils of Pauline...**

There is ‘never a dull moment’ as the expression goes and November is chock full of activities.

On November 11th, Martha’s Landing will reflect and remember with a special musical program planned by Margo and Pauline at 1:30pm. Your ideas and volunteers to read are still needed. Poppies will be available at the reception desk.

Hazeland Ken Gorin from the Senior Star Event, will be performing at Martha’s on **Monday, November 19th.** How exciting!!!

We have three wonderful trips planned for your pleasure. Read just below the Perils for details and **sign up with Pauline on November 1st.**

The elves will be busy getting ready for Christmas at Martha’s. We deck the halls on **Monday, November 26th.**

We are making our list and checking it twice for the busy month of December. More information inside the newsletter on **Page 13** about the programs for the festive season ahead.

Don’t miss the easy Christmas In-House shopping days at Martha’s Landing this month. Check the dates on **Page 4** and invite family and friends to shop too.

Have Fun!

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**Spectacular November And December Events...**

**Dinner at “The Old School” Restaurant on Wednesday November 7th from 5:30-10:30pm.** Seats still available. Sign up with Pauline on **November 1st!**

Cost of this outing $56.00 which includes dinner, gratuities and transportation.

**Christmas Festival of Lights in Niagara Falls on Wednesday December 12th from 1:00-8:30pm.**

Stop at the Log Cabin in Fonthill for a coffee break or shopping. Enjoy the beautiful drive through Niagara on the Lake. Daylight and Night drive through the Niagara Parks including Dufferin Islands. Dinner choice of three entrees at Betty’s Restaurant in Chippawa.

Cost of outing is $50.00

Sign up with Pauline on **November 1st.**

---

**Sit back and enjoy a Neighborhood Christmas Light Tour of Burlington on Tuesday, December 18th from 6:30-8:30pm.**

A “warm” tradition at Martha’s Landing for six years

Cost of outing is $21.00

Sign up with Pauline on **November 1st from 11:30-1:30pm.**
Resident’s Information For November...

All Aboard - Welcome New Residents!
• Carol Carter, Suite 310
• Yvonne Howe, Suite 203
• Bill & Pat Bingham, Suite 410

Farewell, We Will Miss You!
• Eileen McNaughton, Suite 514
• Don Glennie, Suite 419

Residents Birthday's!
• Lyman Potts, November 11th
• Ron MacMillan, November 18th
• Miriam Coxhead, November 21st
• Muriel Jones, November 26th

Get Well Soon, In Hospital!
• None at time of publication

Entertainer Vignette On Hazel And Ken Gorin...

Ken and Hazel Gorin were born and raised in London, England where they lived through the Blitz. They met in High Wycombe Buckinghamshire in 1952 when they both were in the Royal Air Force at H.Q. Bomber Command. They married October 2, 1954. and then they immigrated to Canada in June 1957 and lived in West Toronto. They moved to Georgetown in 1960 and lived there with their two daughters, Stephanie and Christine. Next they moved to Brampton in 1998 and then to Burlington in 2003.

During all these years having been brought up with old time music hall songs and radio, etc., Hazel and Ken have kept these old songs and memories close in their hearts as part of their heritage. Hence, the “Pearly King and Queen” (pictured left), which they performed for Carabram and Caravan for many years. They also became involved in numerous musicals, beginning with ‘Anything Goes’ in 1982. Other performances include ‘Oklahoma’, ‘Kiss Me Kate’, ‘Brigadoon’, ‘L’il Abner’, ‘Dam Yankee’s’, ‘42nd Street’, ‘My Fair Lady’, ‘Secret Garden’ and ‘Music Man’.

Ken was a member of the Oakville Entertainer Barbershopper’s for ten years. Hazel was a Sweet Adeline in Mississauga for ten years. They are both Actra members and work in TV and film. Ken has a Centrum commercial on air at the present. Ken and Hazel enjoy singing in the Rich Harmony Choir at the Senior’s Center.

In their spare time, they both love to garden, Ken also enjoys fishing and Hazel enjoys painting and they both enjoy time with their four Grandsons.

Ken and Hazel performed at the Senior Star Competition in Burlington in June and Ken won third prize.

Come and sing along with Hazel and Ken when they perform at Martha’s Landing on Monday November 19th at 1:30pm.
“Hot Hot Hot” Entertainment For November...

<table>
<thead>
<tr>
<th>DATE</th>
<th>EVENT</th>
<th>TIME</th>
<th>COMMENT</th>
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<tbody>
<tr>
<td>Nov 1</td>
<td>Dog Visit</td>
<td>1:00pm</td>
<td>Judy Will Visit With ‘Abbott’ From St. John’s Pet Therapy Program.</td>
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<tr>
<td>Nov 1</td>
<td>Sing Along</td>
<td>1:30pm</td>
<td>Join Lillian For A Fun Filled Sing Along!</td>
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<tr>
<td>Nov 8</td>
<td>Happy Hour And Entertainment</td>
<td>3:30pm</td>
<td>Martin Wall - A New Performer At Martha’s - Please Come Out And Show Your Support!</td>
</tr>
<tr>
<td>Nov 11</td>
<td>‘Remember’ With Margo and Pauline</td>
<td>1:30pm</td>
<td>A Special Musical Program For Remembrance Day.</td>
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<tr>
<td>Nov 13</td>
<td>Hope And Heroes Show</td>
<td>2:00pm</td>
<td>Marie Gogo And Christopher Moore With A Classic Performance!</td>
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<tr>
<td>Nov 15</td>
<td>Resident Birthday Celebration</td>
<td>1:30pm</td>
<td>Our Good Friend Adam Timoon, Guitarist And Comedian Will Entertain You!</td>
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<tr>
<td>Nov 19</td>
<td>Music Melodies</td>
<td>1:30pm</td>
<td>Ken And Hazel Gorin Will Be Here For A Sing Along - Come Join The Fun!</td>
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<tr>
<td>Nov 20</td>
<td>Happy Hour And Entertainment</td>
<td>3:30pm</td>
<td>Cedric On Piano.</td>
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<tr>
<td>Nov 29</td>
<td>Classic Blend</td>
<td>7:00pm</td>
<td>Ladies Group- Guests Welcome!</td>
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In-House Shopping At Martha’s Landing

Start your Christmas shopping early or just treat yourself to something special at the following shopping days at Martha’s Landing:

“Ding Dong” - Avon Calling on **Monday November 5th from 11-1pm**.
Everyday Shoes’ on **Wednesday November 7th from 10:00-1:00pm**.
Fifth Avenue Jewellery on **Thursday November 29th from 11-3pm**.
<table>
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<th>Sun</th>
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<tr>
<td>Sign up With Pauline or At Reception to reserve Your Seat at All Events With A * Beside It</td>
<td>Now the autumn days are gone. Frost is sparkling on the lawn. Windows winking cheerful lights. Warm the cold November nights</td>
<td>Birthstone: Topaz (Fidelity) Flower: Chrysanthemum Colors: Dark Blue and Red</td>
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<td>10:30 Stretch n Tone</td>
<td>11:30-12:30 Trip Sign</td>
<td>1:00 Dog Visit</td>
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<tr>
<td>11-1:00 Avon Calling 7:00 Bingo</td>
<td>10:30 Stretch n Tone 2:00 Spelling Bee 6:30 Euchre</td>
<td>10:30 Stretch n Tone 2:00 Hope &amp; Heros Show 6:30 Euchre</td>
<td>10:30 Everyday Shoes 1:30 Bingo 5:30 Dinner at The Old School House*</td>
<td>10-12 &amp; 1-4 Foot Care 10:30 Stretch n Tone 3:30 Happy Hour 6:30 Euchre</td>
<td>6:30 Movie Night</td>
<td>6:30 Vintage Movie</td>
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**November 2007**

1:30 Remembrance Day Special 1:30 Mental Aerobics 7:00 Bingo

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<tr>
<td>1:30 Musical Melodies 7:00 Bingo</td>
<td>10:30 Stretch n Tone 2:00 Spelling Bee 3:30 Happy Hour 6:30 Euchre</td>
<td>1:30 Bingo</td>
<td>9:45 Shopping* 10:30 Stretch n Tone 1:30 Birthday Party 6:30 Euchre</td>
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<tr>
<td>7:00 Bingo</td>
<td>10:30 Stretch n Tone 3:30 Happy Hour 6:30 Euchre</td>
<td>1:30 Bingo</td>
<td>10:30 Stretch n Tone 1-4 Foot Care 1:30 Resident Meeting 6:30 Euchre</td>
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<tr>
<td>Deck The Halls 'Tis The Season 7:00 Bingo</td>
<td>10:30 Stretch n Tone 6:30 Euchre</td>
<td>10:20 No Frills 10-12 Weight &amp; BP 1:30 Bingo</td>
<td>9:45 Shopping* 10:30 Stretch n Tone 11-3 5th Ave Jewelry 7:00 Classic Blend</td>
<td>1:30 Food Meeting 6:30 Movie Night</td>
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History Of The Macy’s Day Parade...

The first Parade in 1924 was called the “Macy’s Christmas Day Parade” although it took place on Thanksgiving Day. In 1927 it was renamed the Macy’s Thanksgiving Day Parade. Live animals including camels, goats, elephants and donkeys were a part of the Parade that inaugural year.

The original Parade route started at 145th Street and Convent Avenue and traveled 5.5 miles to 34th Street and Herald Square. In the first Parade, horses pulled the floats. In 1925 and 1926, bears, lions and tigers were added to the live animals used but this had to be discontinued because they scared the children along the line of march. In 1927, Macy's replaced the live animals in the Parade with its now signature giant helium balloons. The first balloons included Felix the Cat, The Dragon, The Elephant and Toy Soldier.

1928 saw the first release of the giant Balloons into the air at the end of the Parade. Equipped with a return address label, in 1929, Macy's began offering prizes for the return of the giant balloons. In 1931, Clarence Chamberlain, an aviator flying above New York City catches the Pig Balloon in mid air in order to claim the $25 reward money. The practice of releasing the Balloons was discontinued in 1933.

Santa Claus has ended the Parade every year except in 1933 the only year when he led the Parade. The 1933 edition of the Parade was the first ever recorded for newsreels and subsequently shown in theatres around the world. The Parade was canceled in 1942, 1943 and 1944 due to World War II. At the start of the war, Macy's donated the Balloons (that where made of rubber at the time) to the government’s rubber scrap heap in a ceremony held at New York’s City Hall.

In 1947, the holiday classic, Miracle on 34th Street, brought the Parade’s magic to theatres worldwide. In 1948 NBC began telecasting the Parade nationwide, as spectators from coast-to-coast began referring to the Parade as the “Macy's Day Parade.”

Due to a helium shortage in 1958, the U.S. Government asked Macy’s to go light on the use of the gas. Macy’s decided to inflate the Balloons with air and hoist them on trucks with cranes for the journey down Broadway.

In 1969 the Macy’s Parade Studio moved to its current home in Hoboken, New Jersey in the former Tootsie Roll Factory. The Dino the Dinosaur Balloon was inducted into the Museum of Natural History in 1975 as an honorary member.

In the 1980’s, the smaller ‘novelty’ balloons were introduced, including the Macy's stars and the 30 ft. triple-scoop ice cream cone. ‘Falloons’ were also introduced at this time. A combination of float and cold air balloon, a highlight of the creativity of the Macy’s Parade Studio. In 1989, the Parade marched through its very first snowstorm.

The 1990’s saw the Parade Balloons adding new characters from the Internet, videogames and contemporary cartoons. Sonic the Hedgehog, Jeeves and the Rugrats were just a few of these Balloons.

In 2004, Macy’s introduces another new Parade innovation, the ‘Balloonicle’, a combination cold air balloon and self-propelled vehicle.

In the past 77 years the Parade has attracted a sea of celebrities. The years have seen Harpo Marx, Jackie Gleason, Bob Hope, Diana Ross, Sammy Davis, Jr., Stevie Wonder, Tony Bennett, Barry Manilow, NSYNC, Shania Twain, and Christina Aguilera, among others.

Macy's is the world’s second largest consumer of helium, the United States Government is the first. In its 77-year history more than 300,000 Macy’s employees have participated in the Parade. More than 50,000 clowns have delighted millions of children along the Parade route.
I remember the birth of new baby puppies when I was a child, days on the beach at the cottage. I remember when I had eye surgery as a child and the neighbor's rushed over to see if I was okay. Remember, remember... the verb itself is poetic, the essence of experience. Fundamentally, memory represents a change in who we are. Our habits, our ideologies, our hopes and fears are all influenced by what we remember of our past. At the most basic level, we remember because the connections between our brains' neurons change; each experience primes the brain for the next experience, so that the physical stuff we're made of reflects our history like mountains reflect geologic eras. Memory also represents a change in who we are because it is predictive of who we will become. We remember things more easily if we have been exposed to similar things before, so what we remember from the past has a lot to do with what we can learn in the future. An understanding of memory is an understanding of the role of experience in shaping our lives, a critical tool for effective learning in the classroom and beyond. Each type of memory is tied to a particular type of brain function. Long-term memory, the class that we are most familiar with, is used to store facts, observations, and the stories of our lives. Working memory is used to hold the same kind of information for a much shorter amount of time, often just long enough for the information to be useful; for instance, working memory might hold the page number of a magazine article just long enough for you to turn to that page. Immediate memory is typically so short-lived that we don't even think of it as memory; the brain uses immediate memory as a collecting bin, so that, for instance, when your eyes jump from point to point across a scene the individual snapshots are collected together into what seems like a smooth panorama. Modern computers encode memory as a vast array of independent, digital bits of information that are randomly accessible. Functionally, this means that your computer can bring up your best friend's phone number without accessing any information about what your best friend looks like or how you met. The human brain stores memory in a very different way; recalling your best friend's phone number may very well bring to mind your friend's face, a pleasant conversation that you had, and the title of the movie that the two of you are going to see. While computer memories are discrete and simple, human memories are tangled together and complex. Our memories are rich because they are formed through associations. When we experience an event, our brains tie the sights, smells, sounds, and our own impressions together into a relationship. That relationship itself is the memory of the event. Unlike computer memories, a human memory is not a discrete thing that exists at a particular location; instead, it is an abstract relationship amongst thoughts that arises out of neural activity spread over the whole brain. But how is the memory relationship actually made? Reinforcement can come in the form of repetition or practice; we remember that two plus two equals four because we've heard it so many times. Reinforcement can also occur through emotional arousal; most people remember where they were when they heard that John F. Kennedy was shot because of the highly emotional content of that event. By focusing our learning strategies on the strengths of the brain's memory systems, we may be able to learn more information in a shorter amount of time in a way that is useful to our lives. That focus requires understanding the limitations of our memories; the human brain is not good at remembering long lists of unrelated numbers, dozens of nonsense words, or lengthy grocery lists. While the brain has an extraordinary ability to remember many events in rich detail, the neurologically appropriate strategy for life's most mundane memory tasks may require little more than pen and paper.
The Frost Spirit...

November can sometimes seem an endless parade of grey, stratus cloud filled days. It is also a month of frosty nights and mornings and of course, we can’t have frost without thinking about Jack Frost!

The story of Jack Frost has Nordic origins, where he was called Jokul ("icicle") Frosti ("frost") son of the Norse god of wind, Kari. When Jokul moved to England, he became Jack Frost, and was pictured as an elf like being who coloured tree leaves and the ground with frost and painted patterns on windows.

Other cultures had frost beings too. Frost Woman and Frost Man were weather deities in Finland and northern Russia. They controlled cold weather events in their domains, from frost to blizzards. In another part of Russia, Father Frost was a blacksmith who forged chunks of ice and sent them to Earth. The Germans had Mother Frost, who shook white feathers from her bed which fell on Germany as frost and snow.

The Australian Aborigines have an interesting story about frost that connects it to the Pleiades, the little open cluster of stars seen now in our eastern skies after dark. To the Aborigines, these stars are seven sisters whose bodies sparkle with ice and who hurl icles down to Earth as frost.

Farmers and gardeners are not concerned with the actual physical frost, they usually think of frost as any below freezing temperature conditions which can cause damage to plants. The rest of us think of frost as the appearance of ice crystals on surfaces without precipitation.

Frost most often forms on cold, clear windless nights, or nights with light winds. The air temperature near the ground fall below frost point - the temperature to which air must be cooled (at constant humidity) to achieve saturation with respect to ice at or below 0 degrees Celsius. Interestingly, this can happen when the air temperature is above freezing.

Frost forms first on rocky, glass and metal surfaces, things which lose heat most quickly. That is why you will often see car windshields frosted over while there is no frost on the surrounding ground.

When frost begins to spread to the ground, it starts with low regions. This is because warm air rises, being less dense than cold air. So valleys and hollows will get frost before hilltops. Such areas are often called frost pockets, and are bad places to have gardens.

Frost can form in one of two ways, both similar in nature to the formation of dew but ultimately leaving ice on the surface rather than water. At temperatures from about 0º to -18º C (32º to 0º F), frost will most likely form initially when water vapor condenses as a super cooled liquid on a surface and then quickly freezes. Once the first ice crystals have been formed, further frost accumulation may proceed by the deposition of water vapor directly as ice.

At colder temperatures, ice will be deposited directly on the surface through the deposition of water vapor directly to the solid state. This process is called deposition.

There are two forms of frost: rime and hoar. Rime frost occurs when the rate of frost formation is rapid, usually under conditions of high water content in the air (vapor and/or liquid) and at least moderate wind speeds. Rime formation is common during fogs where super cooled or near-freezing water droplets come in contact with subfreezing surfaces.
Martha’s On The Move in November...

No Frills Grocery Shopping on
Wednesday November 14th and November 28th

Meet the bus at the top of the driveway at 10:20am and leaving No Frills to return home at 11:45am.

Shopping at Maplevie and Burlington Mall on Thursday November 15th at 9:45am By taxi.
Sign up at Reception by Wednesday November 14 by 6:00pm

In House Services at Martha’s

Foot Care on Thursday November 8th from 10-12pm and 1-4pm and Thursday November 22nd from 1-4pm
Cost $25.00 - Sign up at Reception for appointment

Weight and Blood Pressure Clinic on Wednesday November 28th from 10:00 to 12:00pm

Little Pleasures will be at Martha’s Landing for Manicures and Pedicures with Judi on Saturdays.
Please make your appointment at Reception in advance.
Cost of Manicure is $20.00 + GST
Cost of Pedicure is $30.00 + GST

Resident’s Meetings for November

Resident’s Monthly Meeting
Thursday November 22nd at 1:30pm

Resident’s Food Meeting
Friday November 30th at 1:30pm

Resident’s Activities
Suggestion Box 2nd Floor
Comments Welcome
**Word Search - ‘November Days’**

See page 16 for answers
Word Search - ‘We Remember’

November 2007

Martha’s Nautical News

See page 16 for answers

November

Flanders Fields

World War One

Poppies

Two Minutes

Silence

Poem

Soldiers

John McCrae

Eleventh

World War Two

Remembrance
Trivia Plus...Tricky But Fun!

TRIVIA PLUS

YOU NEED TO THINK LITERALLY TO SOLVE THESE WORD PICTURES.

1. TIo oME
   ANSWER #1 - To Go Back In Time

2. breakfast 2 2 2 2

3. C O backed R N E R

4.

5. A BUSINESS

6. IT IT

7. N E T H G I A R T S

8. & FLY

9. SHE'S HERSELF

10. KEEP TRUCKIN'

11. OLD LEAF

12. LUMP LUMP LUMP + LUMP
Please join us on Saturday December 8th, 2007, from 2-4pm for Martha’s Landing Resident’s Annual Family Christmas Party

**Entertainment** by Margo Jamieson Trio (Keyboard, Bass and Drums)
**Magic Show** by Owen Anderson
**Surprise** Visitor (a big jolly guy in a red suit)
**Appetizers** and Christmas Sweets and much, much more to enjoy

More details to follow in December Newsletter.

Please RSVP with you number of guests attending by Dec 1st at the Reception Desk

For a “Jolly Happy Soul”
Get Together to Toast the Season and Spread Some Holiday Cheer
Thursday December 20th from 1:30-3:30pm

Countdown to 2007 - Martha’s ‘Noon’ Years Eve Party!
Monday December 31st
Starting at 11:00am and Countdown to the New Year. A special lunch to follow

Residents can welcome the New Year without having to stay up until midnight.
Entertainment to be announced at a later date.
A special lunch to follow.
Be sure not to miss out on this New Year Celebration with your fellow resident’s!

For All The Late Night Partyer’s....
Party On.... Resident’s own New Years Eve Party begins at 8:00pm til’ 2008!
Watch for more details in December.
Remembrance Day...

On November 11 especially, but also throughout the year, we have the opportunity to remember the efforts of these special Canadians.

On November 11, we pause for two minutes of silent tribute, and we attend commemorative ceremonies in memory of our war dead. Following the First World War a French woman, Madame E. Guérin, suggested to British Field-Marshall Earl Haig that women and children in devastated areas of France could produce poppies for sale to support wounded veterans. The first of these poppies were distributed in Canada in November of 1921, and the tradition has continued ever since, both here and in many parts of the world. Poppies are worn as the symbol of remembrance, a reminder of the blood-red flower that still grows on the former battlefields of France and Belgium. During the terrible bloodshed of the second battle of Ypres in the spring of 1915, Lieutenant-Colonel John McCrae, a doctor serving with the Royal Canadian Army Medical Corps, wrote of these flowers which lived on among the graves of dead soldiers:

In Flanders Fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarcely heard amid the guns below.

The flowers and the larks serve as reminders of nature’s ability to withstand the destructive elements of war, a symbol of hope in a period of human despair. In Canada, traditionally the poppies which we wear were made by disabled veterans. They are reminders of those who died while fighting for peace. The two minutes of silence provide another significant way of remembering wartime while thinking of peace.

Two minutes are scarcely enough time for thought and reflection. As we pause and bow our heads, we remember those brave men and women who courageously volunteered for the cause of freedom and peace. For those who lived through these wars, remembering means thinking of comrades. It evokes memories of men and women who never returned home.

Those born after the wars might picture the youthful soldiers who eagerly joined up from high schools, businesses and farms across the country, only to meet death while fighting against the enemy. They may imagine the anguish of a man leaving a new wife, a young family, an elderly mother. The important thing for all of us to remember is that they fought to preserve a way of life, Canadian values, and the freedom we enjoy today and often take for granted. Remember that the silence is to honor their sacrifice and memory.

In Flanders Fields
In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarcely heard amid the guns below.

We are the dead. Short days ago,
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie
In Flanders fields.

Take up our quarrel with the foe;
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die,
We shall not sleep,
Though poppies grow
In Flanders fields.
Staff Pictures

Staff Information

All Aboard - Welcome New Staff!
- Angus Campbell, Student Dietary
- Ashley Gorven, Concierge

Farewell, We Will Miss You!
- Mildred Sailani, Concierge
- Rachele Dunn, Student Dietary
- Alisha Dunn, Student Dietary
- Pearl Armstrong, Cook

Staff Birthdays!
No Staff Birthdays for this month.

Our Sympathy Is Extended To...
- Staff, Elsebeth Hunter, whose husband, Norm, passed away in October 2007
- Volunteer, Pat Barlette, whose husband, Ted, passed away in October 2007

Employee Of The Month of October - Congratulations!
Dragana Tutulo

A Vignette On Kaleigh...

Kayleigh has been working at Martha’s Landing as an evening Concierge since July, when she had just moved to Burlington then. She is living with her boyfriend, Mike, and they have a house together. Kayleigh enjoys living in Burlington where she is close to the water and can see the ships going by. She loves the quaint downtown area, but does not like the traffic.

Kayleigh was born in Cambridge, Ontario, where she grew up and worked at Tim Horton’s after High School. She hopes to attend a community College to take either Gerontology or Business. She says she wants to do so many things and keep her options open.

She likes Nascar car racing, hiking, reading, computers, texting on her cell phone because she says it does not cost her anything, writing and going on adventures.
Answers to Word Search, Word Search and Trivia Plus on pages 10, 11 and 12

Closing Thoughts - ‘November Winds’

November winds blow harshly
Across the frozen ground
Preparing for December snows
That soon will come around.

Crispy mornings, frost filled nights
The winter sun hangs low
The blue bird sings in quieter tones
As bitter north winds blow.

Blow if you must November winds
And let your fury swirl
Spread your arms out far and wide
Let nature’s wrath unfurl.

Just because the earth is bare and gray
You needn’t be so glum
You’ve chilled the air for winter wear
And snow will surely come.